5 Ways to Stand Up for Life

Every human life is precious. Here are five simple ways every person can help share that truth and support the pro-life movement - locally and globally.

1. PRAY

Pray that women and men facing unplanned pregnancies will **choose life**. Pray for those on the frontline who counsel these women that their words would be effective. Pray for pro-life leaders and elected officials at every level of government.

2. LEARN

Educate yourself on local efforts for the sanctity of life. And visit lifeissues.org for the resources and information to protect innocent human life.

3. LISTEN

Listen with kindness, gentleness and love to those who are undecided on where they stand on abortion and those who disagree as well.

4. TALK

Use the power of **social media** to share pro-life messages and stories with your friends and followers. Follow us on these outlets and share our posts. Click icons.











5. ACT

Support a local pregnancy center or adoption organization by writing a letter of encouragement, donating gift cards or volunteering. Find out which candidates are pro-life and vote for them.

"We are closer than ever to ending abortion in America and it's never too late to join the movement. We can do this!" - Brad Mattes, President of Life Issues Institute

For more ways to stand up for life, visit lifeissues.org