

## 10 Ways Your Church Can Stand with Women and Men

## Be a supportive church.

Contact your local pro-life pregnancy center. Find the one closest to you at <a href="https://optionline.org/">https://optionline.org/</a>. They will let you know how you can help as a church or individual.

## Be a nurturing church.

Form a chapter of <u>Embrace Grace</u> that will equip participating members to support expecting parents during pregnancy, though birth, and after. Your church can be the family that many lack.

## Be a praying church.

Ask your pastor to frequently pray for America's unborn babies and their parents. Have him seek the Lord's favor for pro-life candidates prior to elections. Pray for the protection of a baby and mother when you know an abortion decision hangs in the balance. Pray for mothers and fathers who have tragically chosen abortion.

#### Be a ministering church.

Have the pastor and leadership make clear that your church is a place of ministering to mothers and fathers of children lost to abortion. Let them know this is where repentant hearts will find hope and healing. Provide a way, both publicly and anonymously, for grieving parents to seek help coping with a past abortion. Have trained individuals at the ready to walk with them through the valley of healing.

Share God's message of abstinence until marriage and provide life-affirming assistance to those who have given into temptation and now struggle with shame and future decisions that may include abortion, parenting, or adoption.

# Be a mentoring church.

Many young people don't know what a family is supposed to look like. Form a mentoring group in your church that can provide practical lessons for both parents. Tap into the life experience of members that can be poured into young mothers and fathers. Offer classes that include proper hygiene, cooking, finances, changing flat tires, being a supportive husband/wife and father/mother, preparing a work resume, maintaining a clean home, etc.

#### Be a baby-friendly church.

Let new parents know you welcome them and their children when they walk in the door, especially if you include children during the main service in your church. Mothers may be keenly aware of every sound their little ones make during the service. Put new parents at ease by making it clear their babies and toddlers are a welcome part of Christ's body.

#### Be an educated church.

Pro-life education is the foundation on which we build a passion to defend LIFE and achieve political and legislative victories. Learn the basics of fetal development and abortion to be an effective advocate. <u>Life Issues Institute</u> has over 5,000 pages of educational information from fertilization to euthanasia, all with user-friendly access. Educate members on the importance of voting only for pro-life candidates.

## Be a giving church.

Ask your members to give from the heart with donations of diapers, formula, onesies, car seats, strollers, cribs, or maternity clothes. Provide financial resources when help is needed with rent, utilities, education, or car payments.

# Be an engaging church.

Create ways to incorporate single mothers into church life. These are women who have conquered significant challenges and possess talents to contribute. What they may lack is the confidence to offer them, so be watchful for opportunities to invite them to volunteer with childcare, or assist with VBS or other events. Ask them to participate in choir or help with serving coffee and snacks. Send a message that they are valued and needed in your church family.

## Be a family church.

Demonstrate the importance of intact families that include both a father and mother. Children who grow up in fatherless families are more likely to experience poverty and substance abuse. Without intervention the cycle of broken families is more likely to continue.