

Top 10 Ways You Can Help

1. Pray for an end to abortion and ask others to pray.
2. Share pro-life news, stories, images, blogs, and videos online via social media.
3. Educate yourself by subscribing to [The Latest](#) (weekly blog) and [Life Issues](#) (our daily brief radio commentaries). Each will keep you abreast of the latest happenings regarding abortion and related life issues. Perfect for sharing on social media
4. Encourage your member of the clergy to preach about abortion. Direct them to our [Church Pro-Life Resources page](#).
5. Talk about the life issues with friends, family, neighbors, and co-workers and wear a [Precious Feet](#) pin every day to encourage discussion.
6. Pledge to vote only for pro-life candidates.
7. [Contact](#) your senators and representatives when legislation concerning life issues is before Congress. Also [contact](#) your local and state legislators.
8. [Get training](#) and volunteer to be a sidewalk counselor at an abortion facility.
9. Volunteer at a pregnancy help center. [Find a center near you](#).
10. Support our pro-life efforts by making a one-time or monthly [donation to a pro-life organization](#).