



Vital Signs Ministries
Christian activists in the service of "the least of these"

"3 for 5" Prayer Program

Vital Signs Ministries is inviting Christian pro-life advocates from around the country to participate in a new prayer initiative against Planned Parenthood. It is a simple program but one which could have a powerful effect indeed as it stimulates not only more people to pray but to pray in more specific, more strategic and more unified ways.

We call this prayer program "3 for 5" and here's how it works.

We're asking believers to covenant together to pray at least 3 minutes a day on the 5 weekdays about specific issues related to Planned Parenthood's ongoing assaults on the culture of life. That could mean 3 minutes of prayer added to one's morning meditations, a minute prayer lifted up three times a day...whatever. And for every weekday, we're encouraging prayers aimed at particular targets. Again, this way we're praying more AND praying for the very same things, agreeing with one another and the Holy Spirit to oppose the evil deeds of this mega-abortion corporation. Below are the specific targets for each weekday, a sample prayer and a Scripture "springboard."

1) Monday's focus: Pray for Planned Parenthood's scheduled victims for the week.

"This week many young women are scheduled to have their babies destroyed by Planned Parenthood abortionists. Many more will abort children through the various chemicals that the business sells. Father, we pray for many of these minds to be changed. We ask that these moms will choose instead the guidance and loving assistance of pro-life family members, churches and pregnancy aid centers. And we also pray that those who have already been exploited and victimized by Planned Parenthood find healing in the cross of Christ."

Scripture exhortation: Deuteronomy 30:19 -- "I call heaven and earth to witness against you today, that I have set before you life and death, the blessing and the curse. So choose life in order that you may live, you and your descendants." (NASB)

2) Tuesday's focus: Pray for shame and scandal to be the portion of Planned Parenthood.

"Holy Lord Jesus, today I pray that the immoral and violent nature of Planned Parenthood be increasingly revealed to the public. Raise up journalists, lawyers, politicians,

educators, celebrities, business leaders and more to expose the organization's promotion and enablement of abortion, sexual perversion, promiscuity, and misuse of government funds. Take from Planned Parenthood their financial support, their partnerships and their false cloak of respectability."

Scripture exhortation: Ephesians 5:11 -- "And so do not participate in the unfruitful deeds of darkness, but instead even expose them." (NASB)

3) Wednesday's focus: Pray for spiritual conversion among Planned Parenthood employees and supporters.

"Please, Lord Jesus, reveal to those who work with, promote or otherwise support Planned Parenthood the organization's inherent evils. Give them a new understanding of the sanctity of life, marriage, family and purity. And with repentance and conversion, make of these 'born again' people effective servants of Your grace and holiness."

Scripture exhortation: 2 Corinthians 5:17 -- "Therefore if anyone is in Christ, he is a new creature; the old things are passed away; behold, new things have come." (NASB)

4) Thursday's focus: Pray for those who stand against Planned Parenthood's assaults on the culture of life.

"Dear Jesus, today we earnestly pray for all those who seek to defend the least of these and to restore a sanctity of life ethic to our nation. We pray for those who, in various ways, prayerfully oppose the barbarism of Planned Parenthood. We ask You to provide wisdom, protection and spiritual power in abundance for sidewalk counselors, clergy, medical professionals, pro-life educators and especially for those who serve with pro-life pregnancy aid ministries."

Scripture exhortation: Timothy 1:7 -- "For God has not given us a spirit of timidity, but of power and love and discipline." (NASB)

5) Friday's focus: Pray for a dramatic reformation of sexual ethics among American youth.

"Father, today's prayer is for fresh and compelling conviction of Your truths regarding modesty, purity, self-control, and the blessedness of sexual relations within marriage. Reveal these precious virtues especially to youth and to those who influence American culture. And also, Lord, please expose for all to see Planned Parenthood's perverse and counter-productive sex-ed philosophy."

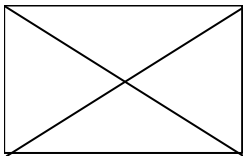
Scripture exhortation: Philippians 4:8 -- "Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things." (NASB)

We believe that anything that can help stimulate Christians to pray more regularly, more

frequently and with greater purpose is wonderfully welcome. And if there's anything that can get us on the same page, coming together in the powerful fellowship of prayer and lifting up to our Lord a common appeal – that's a huge bonus. Of course, the prayers and Scriptures we have written merely serve as samples to stimulate individual responses. What is most important is the common focus of the day.

We hope you find this “3 for 5” approach worthwhile and, if you do, please pass it on to those in your spheres of influence. We would be excited and encouraged to think that our daily prayer focus was the very same as other Christians around America so, if you would, please let us know if you are participating.

Denny Hartford
Director



Reference Website: <http://www.vitalsignsministries.org/index.php/3-for-5-prayer-program/>